

2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024



2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024

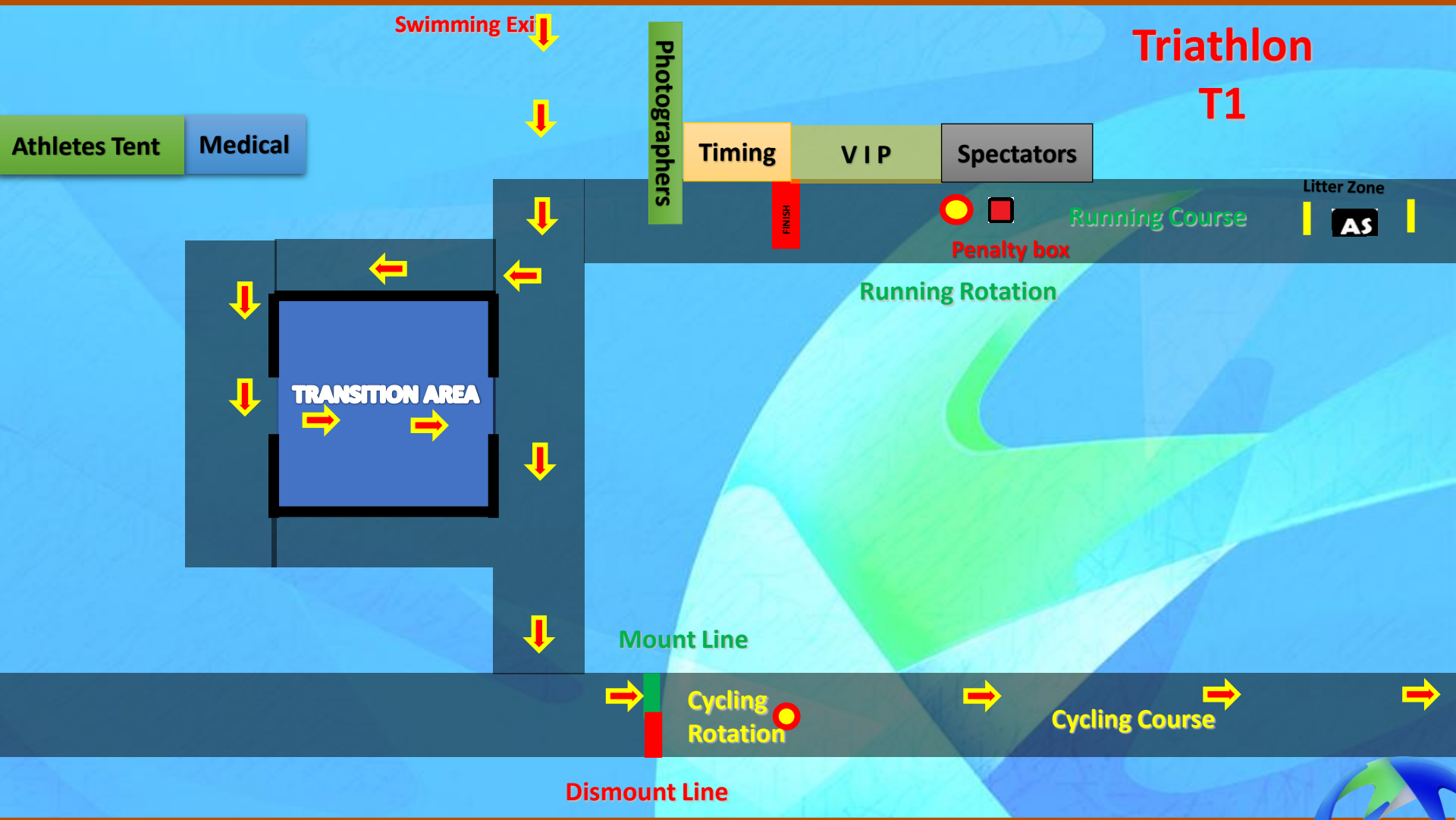


Standard Triathlon
Swim 2 Laps 1500 M



2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024



2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024

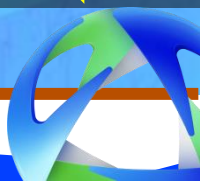
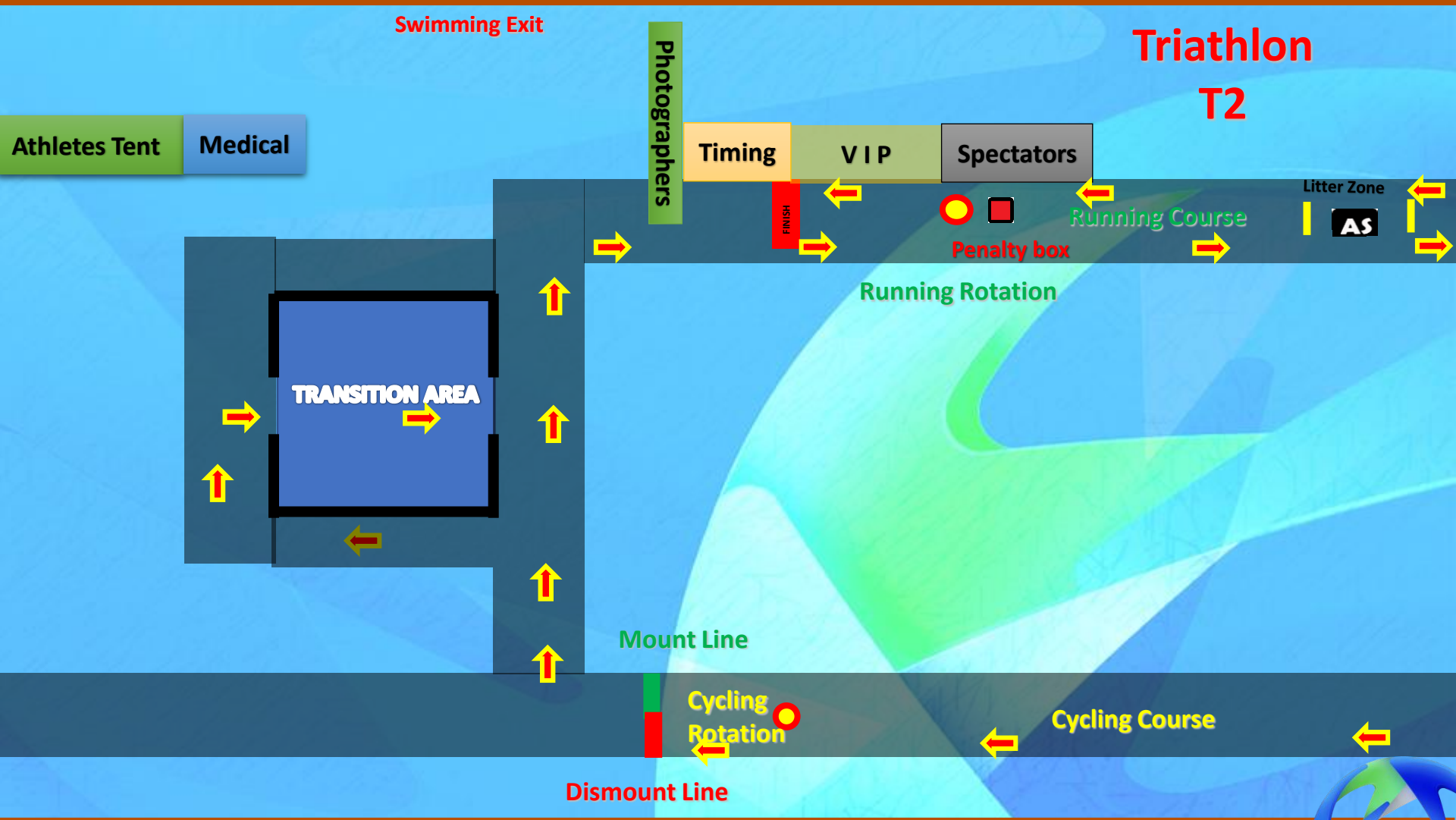


Standard Triathlon
Bike 5 Laps 40 K



2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024



2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024



Standard Triathlon
Run 2 Laps 10 K




2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024




ELITE / U23 Men

Standard Triathlon Africa



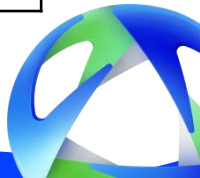
Thursday, April 18, 2024

Bike Familiarization	15:30 - 16:00
Run Familiarization	16:00 - 16:30
Swim Familiarization	16:30 - 17:00
Registration	17:00 - 18:00
Athlete Briefing	18:00 - 18:30
Race Pack Collection & Uniform	18:30 - 20:00



Friday, April 19, 2024

Athletes Lounge Open & Bike Check in for Men	06:50 - 07:25
Transition Area Open	06:50
Swim Warm up Open	07:00
Swim warm up Close	07:10
Transition Area Close	07:15
Athlete Line Up	07:20
Athlete Introduction	07:25
ELITE/U23 Men Start	07:30
Medal Ceremony	13:00




2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024




ELITE / U23 Women

Standard Triathlon Africa



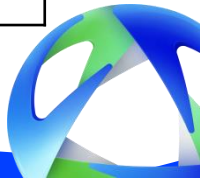
**Thursday,
April 18, 2024**

Bike Familiarization	15:30 - 16:00
Run Familiarization	16:00 - 16:30
Swim Familiarization	16:30 - 17:00
Registration	17:00 - 18:00
Athlete Briefing	18:00 - 18:30
Race Pack Collection & Uniform	18:30 - 20:00



**Friday,
April 19, 2024**

Athletes Lounge Open & Bike Check in for Women	08:50 - 09:25
Transition Area Open	08:50
Swim Warm up Open	10:00
Swim warm up Close	10:10
Transition Area Close	10:15
Athlete Line Up	10:20
Athlete Introduction	10:25
ELITE/U23 Women	10:30
Start Medal Ceremony	13:00




2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024




Standard Triathlon Age Group



**Friday,
April 19, 2024**

Run Familiarization	16:00 - 16:30
Swim Familiarization	16:30 - 17:00
Registration	17:00 - 18:30
Athlete Briefing	19:15 - 19:30
Race Pack Collection & Uniform	18:30 - 21:00



**Saturday,
April 20, 2024**

Athletes Lounge Open & Check in	10:30 – 10:55
Transition Area Open	10:30
Swim Warm up Open	10:40
Swim warm up Close	10:50
Transition Area Close	10:55
Age Group Standard Men START	11:00
Age Group Standard Women START	11:05
Medal Ceremony	15:30

